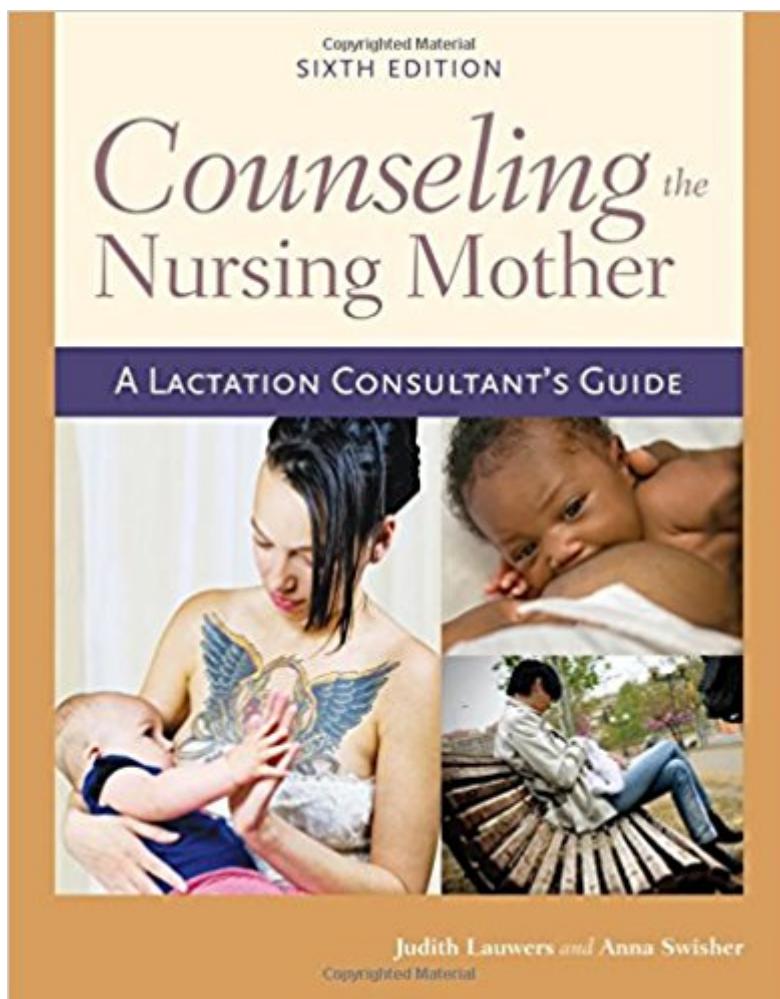


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Counseling The Nursing Mother: A Lactation Consultant's Guide



Synopsis

Written from a teaching perspective, *Counseling the Nursing Mother: A Lactation Consultant's Guide*, Sixth Edition presents topics within a counseling framework with practical suggestions and evidence-based information interwoven throughout. Completely updated and revised, it includes new research on milk composition, the importance of the gut microbiome and skin-to-skin care, Affordable Care Act changes, and the latest guidelines from the World Health Organization for breastfeeding with HIV. Also explored and expanded are discussions on cultural competence, working effectively and sensitively with LGBTQ families, addressing disparities in health equity, milk banking issues, and social media trends for lactation information and support. Additionally, the Sixth Edition also serves as a significant teaching tool for students, interns, and other healthcare professionals. With an extensive glossary and bulleted lists at the end of each chapter, it is an ideal study guide for International Board Certified Lactation Consultant (IBCLC) certification and practice. Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook.

Book Information

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Customer Reviews

Came in perfect condition, as expected. Now to begin the daunting task of actually reading it!

great book to have!

This wonderful reference book is my "go to" book when consulting with breastfeeding moms. It's

very well written with great documentation and is easy to read. I'm so glad I have this!

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